

Rescue Divas

EMS Summer Camp for Girls

Rescue Divas is a fun, hands-on residential summer camp designed to expose girls to Emergency Medical Services careers. Our exciting activities will help girls grow confidence and become stronger leaders, even during times of high stress.



Career Exploration

June 11-15, 2017

Camp Northwoods, Mason, WI

- Canine Search & Rescue
- EMS Speakers
- Helicopter Demo/Q&A With Crew
- CPR Training
- First Aid Training
- LOTS of Field Trips
- Emergency Scenarios
- Journaling & Reflection

6th, 7th & 8th
grade girls

*Applications due April 21st, 2017



For more information please contact:

Mary Zinnecker www.rescuedivas.com
(715) 682-9141 x105 rescuedivas@nwcep.org



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A Day in the Life ...

Each day at Rescue Divas will be different! But, every day will have LOTS of fun components, like field trips, rescue themed games, exciting EMS speakers, and time to paint an EMS mural. Girls will leave with certifications in both CPR & First Aid. And, hopefully, they will also leave with a growing excitement to learn and do more in the field of Emergency Medical Services.

SAMPLE DAY

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|--------------|--|
| 07:30 | Rise & Shine |
| | Breakfast |
| | Rig/Jump Bag/Uniform Check |
| 08:30 | CPR Training |
| 11:15 | Ambulance Exploration *Red Lights & Sirens* |
| 12:00 | Lunch |
| | Canine Search & Rescue Drills |
| 17:30 | Dinner—Pizza Picnic |
| 18:30 | Bonfire with EMS Speakers |
| | Rescue Day Review & EMS Mural Painting |
| | Journaling |
| | Game Time/Bed Prep |
| 22:00 | Lights Out |

Camp Northwoods will be home base (food & lodging) for Rescue Divas 2017.